

## COLLECT

God, who in generous mercy sent the Holy Spirit upon your Church in the burning fire of your love: grant that your people may be fervent in the fellowship of the gospel that, always abiding in you, they may be found steadfast in faith and active in service; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

## FIRST READING

Either **Isaiah 35:4-7a**

*A reading from the book of the prophet Isaiah.*

Say to those who are of a fearful heart, "Be strong, do not fear! Here is your God. He will come with vengeance, with terrible recompense. He will come and save you." Then the eyes of the blind shall be opened, and the ears of the deaf unstopped; then the lame shall leap like a deer, and the tongue of the speechless sing for joy. For waters shall break forth in the wilderness, and streams in the desert; the burning sand shall become a pool, and the thirsty ground springs of water.

Or **Proverbs 22:1-2. 8-9. 22-23**

## PSALM Psalm 146

**R** *You open wide your hand, O Lord, and satisfy our needs.*

Alleluia!

Praise the Lord, O my soul!  
I will praise the Lord as long as I live;  
I will sing praises to my God while  
I have my being. **R**

Put not your trust in rulers,  
nor in any child of earth,  
for there is no help in them.  
When they breathe their last, they  
return to earth,  
and in that day their thoughts perish. **R**

Happy are they who have the God of Jacob  
for their help!  
whose hope is in the Lord their God;  
Who made heaven and earth, the seas,  
and all that is in them;  
who keeps his promise for ever;  
Who gives justice to those who are  
oppressed,  
and food to those who hunger. **R**

The Lord sets the prisoners free;  
the Lord opens the eyes of the blind;  
the Lord lifts up those who are bowed  
down;

The Lord loves the righteous;  
the Lord cares for the stranger;  
he sustains the orphan and widow,  
but frustrates the way of the wicked. **R**

The Lord shall reign for ever,  
your God, O Zion, throughout all  
generations.  
Alleluia! **R**

## SECOND READING

**James 2:1-10 [11-13] 14-17**

*A reading from the letter of James.*

My brothers and sisters, do you with your acts of favouritism really believe in our glorious Lord Jesus Christ? For if a person with gold rings and in fine clothes comes into your assembly, and if a poor person in dirty clothes also comes in, and if you take notice of the one wearing the fine clothes and say, "Have a seat here, please," while to the one who is poor you say, "Stand there," or, "Sit at my feet," have you not made distinctions among yourselves, and become judges with evil thoughts? Listen, my beloved brothers and sisters. Has not God chosen the poor in the world to be rich in faith and to be heirs of the kingdom that he has promised to those who love him? But you have dishonoured the poor. Is it not the rich who oppress you? Is it not they who drag you into court? Is it not they who blaspheme the excellent name that was invoked over you? You do well if you really fulfil the royal law according to the scripture, "You shall love your neighbour as yourself." But if you show partiality, you commit sin and are convicted by the law as transgressors. For whoever keeps the whole law but fails in one point has become accountable for all of it. [For the one who said, "You shall not commit adultery," also said, "You shall not murder." Now if you do not commit adultery but if you murder, you have become a transgressor of the law. So speak and so act as those who are to be judged by the law of liberty. For judgement will be without mercy to anyone who has shown no mercy; mercy triumphs over judgement.] What good is it, my brothers and sisters, if you say you have faith but do not have works? Can faith save you? If a brother or sister is naked and lacks daily food, and one of you says to them, "Go in peace; keep warm and eat your fill," and yet you do not supply their bodily needs,

what is the good of that? So faith by itself, if it has no works, is dead.

## GOSPEL Mark 7:24-end

*Hear the gospel of our Lord Jesus Christ according to Mark.*

Jesus set out and went away to the region of Tyre. He entered a house and did not want anyone to know he was there. Yet he could not escape notice, but a woman whose little daughter had an unclean spirit immediately heard about him, and she came and bowed down at his feet. Now the woman was a Gentile, of Syrophenician origin. She begged him to cast the demon out of her daughter. He said to her, "Let the children be fed first, for it is not fair to take the children's food and throw it to the dogs." But she answered him, "Sir, even the dogs under the table eat the children's crumbs." Then he said to her, "For saying that, you may go – the demon has left your daughter." So she went home, found the child lying on the bed, and the demon gone. Then he returned from the region of Tyre, and went by way of Sidon towards the Sea of Galilee, in the region of the Decapolis. They brought to him a deaf man who had an impediment in his speech; and they begged him to lay his hand on him. He took him aside in private, away from the crowd, and put his fingers into his ears, and he spat and touched his tongue. Then looking up to heaven, he sighed and said to him, "Ephphatha," that is, "Be opened." And immediately his ears were opened, his tongue was released, and he spoke plainly. Then Jesus ordered them to tell no one; but the more he ordered them, the more zealously they proclaimed it. They were astounded beyond measure, saying, "He has done everything well; he even makes the deaf to hear and the mute to speak."

## POST COMMUNION

Keep, O Lord, your Church, with your perpetual mercy;  
and, because without you our human frailty cannot but fall,  
keep us ever by your help from all things hurtful,  
and lead us to all things profitable to our salvation;  
through Jesus Christ our Lord.